TOP THREE MOST COMMON DISEASES

In **30 seconds:**

List some words beginning with a letter in the word: D-I-S-E-A-S-E.

**Example:** die, ill, sick, examine, ache, suffer, end
Lesson Objectives

Topic: Top three most common diseases

By the end of this lesson, you will be able to:

• Remember at least 6 related words
• Create simple sentences about the topic
• Have a conversation about the topic
• Avoid some common grammar and pronunciation mistakes
Let’s start!

Watch the following video and discuss the given question in 60 seconds.

Which foods can cause cancer?

Source: https://www.youtube.com/watch?v=l9sBWfv4Vik
Vocabulary

Pair Work: Student A reads a definition from column A. Student B matches it with a word from column B, and makes a sentence.

A

a. a medical condition which makes the patient produce a lot of urine and feel very thirsty.
b. causing death or illness if swallowed or absorbed into the body
c. a serious disease in which growths of cells, also called cancers, form in the body and kill normal body cells. The disease often causes death
d. the food that you eat and drink regularly
e. to begin to have something such as a disease or a problem; to start to affect somebody/something
f. the quality or fact of being very fat, in a way that is not healthy

B

1. diet (n) /ˈdaɪət/
2. poisonous (adj) /ˈpɔɪznəs/
3. cancer (n) /ˈkænsər/
4. obesity (n) /ˈɒbəsəti/
5. diabetes (n) /ˌdaɪəˈbiːtɪz/
6. develop (v) /dɪˈveləp/

Example: He is receiving treatment for shock.
Grammar

Pair work: Make sentence using the given structure and pictures.

Example: Obesity leads to heart disease.

Suggestions: lung cancer, obesity, heart disease, diabetes, ....
Conversation

Peter has gained weight recently. He wants to know some information about the causes and effects of obesity because he is very worried about his health now. What are the causes and effects of obesity?

Pair work: Discuss with your partner in 180 seconds about the causes and effects of obesity.

Causes
- Genetics
- Overeating
- A diet high in simple carbohydrates
- Frequency of eating
- Physical inactivity
- Medications

Effects
- High Blood Pressure
- Diabetes
- Abnormal Blood Fats
- Cancer
- Heart disease
## Common mistakes

### Mistake Correction

<table>
<thead>
<tr>
<th>Grammar</th>
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<tbody>
<tr>
<td><strong>Incorrect</strong></td>
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<td><strong>Correct</strong></td>
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### Pronunciation

<table>
<thead>
<tr>
<th>Confusing word pairs</th>
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<tr>
<td>• lead /liːd/ vs lid /lɪd/</td>
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<th>Sentence practice</th>
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<tr>
<td>• This dirty dustbin <em>lid</em> can <em>lead</em> to pollution.</td>
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### Others
Assessments

Here are some comments on your performance

<table>
<thead>
<tr>
<th>Students</th>
<th>Pronunciation</th>
<th>Vocabulary</th>
<th>Grammar</th>
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<tbody>
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Wrap-up

• Words related to top most common diseases
• Structure: S + lead to + O
• Have a discussion about the causes and effects of obesity

Please do your homework in the downloadable outline from the website!
**Homework**

Complete your mission and find more in related lessons.

<table>
<thead>
<tr>
<th>Your mission</th>
<th>Recommendation</th>
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<tbody>
<tr>
<td>✓ Take note of what you need to improve (Vocabulary, Grammar and Pronunciation)</td>
<td>✓ Compare voiced /t/ and unvoiced /d/ (#0214)</td>
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<tr>
<td>✓ Search for related lessons in course browser</td>
<td>✓ Pronunciation: /s/ vs. /Z/ (#0281)</td>
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<tr>
<td>✓ Take those lessons</td>
<td></td>
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