WELCOME TO TOPICA NATIVE
Introduction & Class Rules

**Introduce** some following personal information:
1. Your name
2. The place you live
3. Your job
4. Your age
5. Your hobby

**Class rules:**
1. Practice speaking on a topic under the guidance of the teacher
2. Don’t do personal things in the class
1. Do you often feel tired after work?

2. Is your office space bad for your health? If yes, how does it affect your health?
1. What are some main office health risks? How do you prevent these health risks?

2. What are the consequences of sitting all day at office?