WELCOME TO TOPICA NATIVE
Introduction & Class Rules

**Introduce** some following personal information:

1. Your name
2. The place you live
3. Your job
4. Your age
5. Your hobby

**Class rules:**

1. Practice speaking on a topic under the guidance of the teacher
2. Don’t do personal things in the class
CAN SOCIAL ISOLATION ACTUALLY BE KILLING YOU?

1. Are you an introverted person?
2. How would you feel if you had to live alone on an island without any means of communication?
3. What are some consequences of social isolation?
4. Do you think that being alone is fine? Why?
SOME EXTRA QUESTIONS

What do you think about this fact?

Research shows that lacking social connections is as damaging to our health as smoking 15 cigarettes a day.

- (Holt-Lunstad, 2010) -